



Manitoba Herbal Medicine & Art Of Healing Course

SERIES ONE

THE MANITOBA HERBAL MEDICINE COURSE

This course is designed for those who wish to have a broad based understanding of their local wild medicines as well as a few selected medicinals from India, South America, and elsewhere. The course will focus on practical use; therapeutic actions, preparations, dosages, safety, energetics, wildcrafting, and historical use.

Sessions are 3.5 - 4 hours.

Cost \$45/session or \$120/series.

Our Common Roots

Our Ancestors & Plants. The Eclectics and the Chemical Empire. An Herbal Vocabulary. The Herbalist. The Circle of Life. Healing Plants.

The Elementals

Fundamentals of Ayurveda. The Body Ecosystem. Ancient Knowledge for Modern Times. Dis-ease in Ayurvedic Terms. The Integral Nature of Science and Spirit. A few more Great Plants.

Wild Harvesting Plants

Plant Personalities. Harvesting & Handling your Medicine Chest. Healing Wounds. Dosages and types of Herbal Preparations. Common Health Ailments and Herbal Remedies.

SERIES TWO

The Art of Healing

2 days, 5.5 hours - \$80

The Holistic Model. The Mind in Healing. The Intelligence of Nature, Chakras & Archetypes. The Wound as Teacher. Tools for the Path. Healing Beyond Reason.

Plant Spirit Medicine

Approx. 5 hours - \$60

Our Vibrational Nature. Rhythms & Waves. The Language of Nature. Hurdles en Route.

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ADDITIONAL COURSES AVAILABLE

The Essence of Plants

(Aromatherapist Nancy Hall III)

Awaken your Third Nostril. Forms of therapy using essential oils for Mind, Body, & Soul.

Learning to commune with the Essence of Plants

Many Moons

(Chris Hammond)

Pregnancy, Mood and Hormone Balancing. Menopause, Fertility, and a Healthful Labido. Herbs for a Healthy Urinary Tract. Adaptogens.

Cooking with Whole Foods

(Nancy Hall III)

Learn how to cook healthy and delicious dishes with a variety of whole food ingredients.

Earth - My Body Fire - My Spirit

The Importance of Whole Foods. Diabetes, Heart Disease & Herbs. Disease and the Modern Diet. Practical Solutions.

Homeopathy

(Dr. of Homeopathy)

Learn the basics of homeopathic medicine.

All of the courses listed, unless otherwise stated, will be taught by Chad Cornell, Master Herbalist. Course material will be provided as well as recommended reading and/or practices between courses. Please call 786-0820 for an application!

SPECIAL HAPPENINGS

Whiteshell Herb Walks, South Winnipeg Herb Walks, Fasting and Sweatlodge Ceremonies, Kirtan Chanting, Full Moon Women's Gatherings, Men's Gatherings, Seasonal Celestial/Calender Events, Hollow Water Herb Walk and Elder Teachings, Traditional Healing Retreat, Peru.

GUEST SPEAKER/TEACHER SERIES

Aboriginal Elders and Teachers, Meditation Classes, Shamanism, Yoga, Reflexology, and many others.

To be on our Special Happenings & Speaker Series contact list, please send us your e-mail/contact number.

Hollow Reed Holistic

761 Westminster Avenue

(204) 786-0820

hollowreedholistic@gmail.com

www.hollowreedholistic.ca

